



NUTRITION AND CLINICAL PROGRAMS APPROVED BY CDR

Go to www.easyCPEcredits.com for complete descriptions of programs and suggested Performance Indicators (PIs).

Programs in **yellow boxes** are accepted by **CBDC** for Certified Diabetes Care and Education Specialist (CDCES)

NEW

T370 **18 CPEUs** | \$169.95

Gluten Free: The Definitive Resource Guide, Revised Ed, 2022
S Case, RD

(Book, 252 pgs & Study Guide) Comprehensive and practical CPE program provides accurate, evidence-based information to share with clients/patients to help them adhere to a gluten-free diet.

Share with a friend and Save! Additional Reporting Form \$60.00

NEW

T369 **18 CPEUs** | \$169.95

Sugarproof: The Hidden Dangers of Sugar That Are Putting Your Child's Health at Risk and What You Can Do *M Goran, PhD, and E Ventura, PhD, MPH*

(Book, 354 pgs & Study Guide) This CPE program is designed to help clinicians understand the impact of a high-sugar diet on children and provide recommendations to clients to improve overall diet and health quality.

Share with a friend and Save! Additional Reporting Form \$60.00

NEW

T368* **16 CPEUs** | \$149.95

A Tiered Approach to Geriatric Nutrition
K Chapman-Novakofski, PhD, RDN

(Manual, 116 pgs) Nutrition professionals must be aware of the special needs of older adults—the fastest-growing segment of our population. This CPE program examines and details the rationale for specific nutrient recommendations in both preventive health and therapeutic nutrition in the geriatric population.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW

T367 **55 CPEUs** | \$393.95

Oncology Nutrition for Clinical Practice, 2nd Ed *A Voss, PhD, RDN, LDN, and V. Williams, MS, RD, CSO, LDN, CNSC, FAND*

(Book, 690 pgs & Study Guide) This CPE program is designed to help you increase your knowledge of the basics of cancer development, diagnosis and treatment, nutritional impacts of cancer, and medical nutrition therapy for patients with cancer.

Share with a friend and Save! Additional Reporting Form: \$125.00

NEW

T366* **14 CPEUs** | \$134.95

Pediatric Nutrition for the School-Aged Child: An Evidence-Based Approach *A Thompson, MSH, RDN, CSP*

(Manual, 129 pgs) Provides practical information that will enable you to assess nutrient and fluid needs of the school-aged child, including children with developmental disabilities who may require enteral nutrition support.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW

T365 **15 CPEUs** | \$139.95

Fiber Fueled: The Plant-Based Gut Health Program for Losing Weight, Restoring Your Health, and Optimizing Your Microbiome *W Bulsiewicz, MD, MSCI*

(Book, 367 pgs & Study Guide) Challenges popular keto and paleo diets with a new plant-based approach demonstrating that gut health is the key to boosting clients' metabolism, balancing hormones, and taming inflammation.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW

T364 **20 CPEUs** | \$179.95

Nourish: The Definitive Plant-Based Nutrition Guide for Families *R Shah, MD, MPH, and B Davis, RD*

(Book, 431 pgs & Study Guide) An evidence-based, practical resource that explores the many benefits of a plant-based diet and provides you with the tools you need to help your clients feed their families for health and with joy.

Share with a friend and Save! Additional Reporting Form: \$60.00

NEW

T363 **16 CPEUs** | \$144.95

Life Without Diabetes: The Definitive Guide to Understanding and Reversing Type 2 Diabetes *R Taylor, MD*

(Book, 319 pgs & Study Guide) This evidence-based CPE program examines managing and reversing Type 2 Diabetes at any stage of health using a weight management approach.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW

T362 **28 CPEUs** | \$209.95

The Health Professional's Guide to Nutrition Management of Thyroid Disease *N Anziani, MS, RD, CDN, CDCES*

(Book, 245 pgs & Study Guide) Using the most current evidence-based guidelines and available research, this comprehensive CPE program addresses nutritional implications on thyroid health and disease management.

Share with a friend and Save! Additional Reporting Form: \$60.00

NEW EDITION

T360 **32 CPEUs** | \$229.95

The Essential Pocket Guide for Clinical Nutrition, 3rd Ed
M Width, MS, RD, and T Reinhard, MS, RD, FAND

(Manual, 154 pgs) This comprehensive CPE program provides ready access to the latest evidence-based information on nutritional assessment, nutrition support, and nutrition considerations for specific diseases such as cancer, cardiovascular disease, diabetes, and pulmonary disease.

Share with a friend and Save! Additional Reporting Form: \$60.00

Order online 24/7 and SAVE at
www.easyCPEcredits.com

*Available in hard copy or electronic (pdf).

NUTRITION AND CLINICAL PROGRAMS APPROVED BY CDR

NEW

T359 **16 CPEUs** | \$143.95

The Menopause Diet Plan: The Natural Guide to Managing Hormones, Health, and Happiness *H Wright, MEd, RDN, and E Ward, MS, RDN*

(Book, 329 pgs & Study Guide) This CPE program balances evidence-based advice with real-life circumstances and personal experience, by combining the best of the world's healthiest diets with the latest nutrition research, so you can help your clients in the menopause transition.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW EDITION

T358 **44 CPEUs** | \$314.95

Advanced Sports Nutrition: Fine-Tune Your Food and Fluid Intake for Optimal Training and Performance, 3rd Ed

D Benardot, PhD, RD, FACSM

(Book, 517 pgs & Study Guide) Enables you to help your clients stay healthy while exercising or competing at top levels so that they have longer athletic careers, consistently improve in their sport, and reduce the risks for chronic diseases. Great resource to help you pass your Board Certification as a Specialist in Sports Dietetics (CSSD).

Share with a friend and Save! Additional Reporting Form: \$75.00

T357* **17 CPEUs** | \$152.95

Intermittent Fasting: Evidence-Based Approaches to Optimized Health and Disease Resistance

R Iafelice, MS, RD, LDN

(Manual, 111 pgs) Everything you need to know to provide expert advice to clients who wish to try intermittent fasting.

Share with a friend and Save! Additional Reporting Form: \$50.00

T355* **9 CPEUs** | \$89.95

Osteoporosis Prevention and Treatment, 4th Ed

KM Chapman-Novakofski, PhD, RD, LD

(Manual, 76 pgs) Completely revised & updated nutrition counseling strategies.

Share with a friend and Save! Additional Reporting Form: \$40.00

T354 **35 CPEUs** | \$249.95

Handbook of Nutraceuticals and Functional Foods, 3rd Ed

REC Wildman, PhD, and RS Bruno, PhD

(Book, 336 pgs & Study Guide) Provides an authoritative summary of the prophylactic and/or medicinal benefits of natural foods and their constituents that are linked to favorable health outcomes.

Share with a friend and Save! Additional Reporting Form: \$60.00

T353* **20 CPEUs** | \$149.95

Facilitating Behavior Change With Evidence-Based Nutrition Education Strategies *A Sarcona, EdD, RDN, CSSD*

(Manual, 172 pgs) Ideal for diabetes educators and a must for anyone who works with the public.

Share with a friend and Save! Additional Reporting Form: \$60.00

T352* **15 CPEUs** | \$134.95

Nutrition for Pregnancy and Lactation, 6th Ed *C Bareuther, RD*

(Manual, 176 pgs) Formulate safe and effective nutrition intervention for weight reduction postpartum, for lactating and non-lactating women.

Share with a friend and Save! Additional Reporting Form: \$50.00

T347 **24 CPEUs** | \$199.95

Six Factors to Fit: Weight Loss That Works for You! *RF Kushner, MD, and N Kushner, MSN, RN, with D Jackson Blatner, RDN*

(Book, 313 pgs & Study Guide) Tailor the latest breakthroughs in behavior change to your client's personal factors to support their success in losing weight and keeping it off.

Share with a friend and Save! Additional Reporting Form: \$60.00

T346 **24 CPEUs** | \$199.95

Nancy Clark's Sports Nutrition Guidebook, 6th Ed

N Clark, MS, RD

(Book, 525 pgs & Study Guide) The latest research to design meal patterns that fit your client's training schedule, sustainability, and digestive issues.

Share with a friend and Save! Additional Reporting Form: \$60.00

T345* **3 CPEUs** | \$34.95

Combating Medical Errors: The Role of the Dietetics Practitioner, 2nd Ed *R Close Medlej, MS, RD, CNSC, LDN*

(Manual, 29 pgs) Meets the mandatory ethics requirement for CDR recertification and the Florida Licensure requirements.

Share with a friend and Save! Additional Reporting Form: \$30.00

T342 **20 CPEUs** | \$169.95

Sick Enough: A Guide to the Medical Complications of Eating Disorders *JL Gaudiani, MD, CEDS, FAED*

(Book, 258 pgs & Study Guide) Improve medical diagnosis and treatment, motivate recovery, and validate the experiences of individuals of all body shapes and sizes, while firmly rejecting a dieting culture.

Share with a friend and Save! Additional Reporting Form: \$60.00

C335* **11 CPEUs** | \$99.95

Guide to Surgical Nutrition *A Colman, MS, RDN, LDN, CNSC, FAND*

(Manual, 86 pgs) Surgical patients represent a unique population requiring specialized nutrition assessment and intervention. Understanding the pathophysiology and basic surgical anatomy of various procedures is essential to determining and implementing appropriate MNT, which impacts patient outcomes, including morbidity and mortality.

Share with a friend and Save! Additional Reporting Form: \$40.00

Go to www.easyCPEcredits.com
for complete descriptions
of programs and suggested
Performance Indicators (PIs).

C334 12 CPEUs | \$99.95

Diet for the Mind: The Latest Science on What to Eat to Prevent Alzheimer's and Cognitive Decline *MC Morris, ScD*

(Book, 274 pgs & Study Guide) Creator of the MIND diet provides a science-based guide to eating for a healthy brain, optimal cognitive function, and a reduced risk of Alzheimer's disease.

Share with a friend and Save! Additional Reporting Form: \$40.00

C324* 20 CPEUs | \$184.95

Medical Nutrition Therapy for Diabetes Mellitus, 8th Ed

MJ Franz, MS, RD, LD, CDE, and J MacLeod, MA, RDN, LDN, CDE (Manual, 157 pgs) Comprehensive manual written by the most renowned diabetes educators. Help impact medical and clinical outcomes and help patients achieve dramatic improvements in the quality of life.

Share with a friend and Save! Additional Reporting Form: \$60.00

C333* 11 CPEUs | \$99.95

Anti-Glycation and "Age"-Reducing Therapies for Enhanced Nutrition Care *S Wagner, MS, RDN*

(Manual, 99 pgs) Get up-to-date evidence-based information, and discover why glycation prevention may be more influential than standard blood glucose management, and why dietary advanced glycation end products (AGEs) is one of the most underutilized strategies in the fight against chronic disease.

Share with a friend and Save! Additional Reporting Form: \$40.00

C323* 14 CPEUs | \$114.95

Glycemic Index: Approaches for Weight, Diabetic, and Heart Healthy Management, 2nd Ed *J Clark-Warner, MS, RD, CDE*

(Manual, 111 pgs) Reviews GI concepts and explores approaches for weight, diabetic, and heart healthy management.

Share with a friend and Save! Additional Reporting Form: \$40.00

C332 16 CPEUs | \$169.95

Pocket Guide to Parenteral Nutrition, 2nd Ed *P Charney, PhD, RD (Pocket Guide, 203 pgs & Study Guide)* An evidence-based CPE program for determining the need for parenteral nutrition (PN), ordering nutrient solutions, monitoring patient response to therapy, and coordinating care with patients, caregivers, and others on the healthcare team.

Share with a friend and Save! Additional Reporting Form: \$60.00

FREE Ethics eProgram with any online purchase

C321 Electronic (pdf only) 2 CPEUs | \$0.00

An Introduction to the Code of Ethics for the Profession of Dietetics

Must be ordered online at www.easyCPEcredits.com

C331 14 CPEUs | \$144.95

Meeting the American Diabetes Association Standards of Care: An Algorithmic Approach to Clinical Care of the Diabetes Patient, 2nd Ed *MB Davidson, MD, and SH Hsia, MD*

(Book, 165 pgs & Study Guide) Delineates treatment algorithms that have shown to be clinically effective in improving outcomes in people with diabetes.

Share with a friend and Save! Additional Reporting Form: \$50.00

C320 15 CPEUs | \$134.95

Unsafe at Any Meal: What the FDA Does Not Want You to Know About the Foods You Eat *RJ Dufault*

(Book, 218 pgs & Study Guide) Americans consume numerous foods that contain dangerous compounds, including heavy metals, pesticides, and other harmful additives. Discover how you can protect patients/clients by reducing exposure to potentially toxic substances.

Share with a friend and Save! Additional Reporting Form: \$40.00

C326 18 CPEUs | \$154.95

Making Nutrition Your Business, 2nd Ed *A Silver, MS, RDN, CDE, CDN, and L Stollman, MA, RDN, CDE, CDN*

(Book, 267 pgs & Study Guide) A complete roadmap to starting and maintaining a profitable nutrition-based business.

Share with a friend and Save! Additional Reporting Form: \$60.00

C319* 12 CPEUs | \$99.95

Nutritional Support in the Care of the Critically Ill Adult, 2nd Ed

KM Mogensen, MS, RD, LDN, CNSC, and MK Robinson, MD, CNSC (Manual, 105 pgs) Valuable information and tools to assist you in providing appropriate nutritional support for critically ill patients.

Share with a friend and Save! Additional Reporting Form: \$40.00

C325* 14 CPEUs | \$114.95

Yoga and Meditation: Tools for Weight Management, 3rd Ed

A Kay, MS, RDN, LDN, RYT

(Manual, 130 pgs) Science-driven approach to weight management with complementary therapies of yoga & meditation.

Share with a friend and Save! Additional Reporting Form: \$40.00

C318* 18 CPEUs | **REDUCED \$20.00** ~~\$139.95~~ \$119.95

Nutrition and Growth During the Adolescent Years

A Thompson, MSH, RDN, CSP, LDN

(Manual, 140 pgs) Practical strategies to help adolescents fuel their body. Topics include sexual maturation, assessing the teen, fueling for sport, eating disorders, and risky behaviors.

Share with a friend and Save! Additional Reporting Form: \$60.00

**Order online 24/7 and SAVE at www.easyCPEcredits.com
or Call (800) 828-9653 or (410) 531-9280 Mon–Thurs 10 AM to 4 PM ET**

NUTRITION AND CLINICAL PROGRAMS APPROVED BY CDR

C317 **24 CPEUs** | \$184.95

Why You Eat What You Eat: The Science Behind Our Relationship With Food *R Herz*

(Book, 352 pgs & Study Guide) Reveal how psychology, neurology, and physiology shape peoples' relationship with food, and how food alters the relationship with ourselves and each other.

Share with a friend and Save! Additional Reporting Form: \$40.00

C316* **6 CPEUs** | \$59.95

Ketogenic Diet Therapy for Epilepsy and Other Neurologic and Metabolic Based Conditions *B Zupec-Kania, RDN, CD*

(Manual, 48 pgs) Will enable you to apply ketogenic diet therapies (KDTs) for patients with medication-resistant epilepsy and other neurologic and metabolic based conditions.

Share with a friend and Save! Additional Reporting Form: \$40.00

C315* **10 CPEUs** | \$104.95

Nutrition Focused Physical Exam *A Colman, MS, RDN, LDN, CNSC*

(Manual, 83 pgs) Details the Nutrition Focused Physical Exam including assessment of somatic muscle, fat stores, fluid status, micronutrient deficiencies, and functional status. Also explains the Academy's malnutrition guidelines, and identifies the etiology and severity of malnutrition.

Share with a friend and Save! Additional Reporting Form: \$40.00

C313 **29 CPEUs** | \$229.95

Medical Management of Type 1 Diabetes, 7th Ed *CC Low Wang, MD, FACP, and AC Shah, MD*

(Book, 328 pgs & Study Guide) Create individualized, flexible treatment plans to optimize blood glucose control while accounting for diabetes complications, psychosocial factors, and the developmental state of each patient. Presents the latest guidelines and practical strategies to improve patient outcomes.

Share with a friend and Save! Additional Reporting Form: \$60.00

C312 **45 CPEUs** | \$299.95

Academy of Nutrition and Dietetics Complete Food & Nutrition Guide, 5th Ed *R Larson Duyff, MS, RDN, FAND*

(Book, 802 pgs & Study Guide) The "most trusted nutrition bible" effectively balances a practical focus with the latest scientific information. According to Lucille Beseler, 2016-17 president of the Academy of Nutrition and Dietetics, "This book serves as an indispensable nutrition and healthy eating guide for the public, as well as an important reference for registered dietitian nutritionists and other health care professionals."

Share with a friend and Save! Additional Reporting Form: \$75.00

Go to www.easyCPEcredits.com
for complete descriptions
of programs and suggested
Performance Indicators (PIs).

C310 **45 CPEUs** | \$349.95

Integrating Nutrition Into Practice *MJ Marian, DCN, RD, and GE Mullin, MD*

(Book, 484 pgs & Study Guide) Integrative medicine approach for nutrition screening and assessment, functional foods, nutritional supplements, and food allergies.

Share with a friend and Save! Additional Reporting Form: \$50.00

C307* **8 CPEUs** | \$89.95

Irritable Bowel Syndrome: FODMAPs, Fat, Fiber and Flora, 2nd Ed *K Scarlata, RD*

(Manual, 75 pgs) Help clients manage IBS symptoms.

Share with a friend and Save! Additional Reporting Form: \$30.00

C306 **17 CPEUs** | \$134.95

Eating Disorders, 2nd Ed *J Setnick, RD*

(Pocket Guide, 222 pgs & Study Guide) This course lays out nutritional interventions for individuals experiencing dysfunctional eating behaviors.

Share with a friend and Save! Additional Reporting Form: \$30.00

C305* **5 CPEUs** | \$49.95

Nutritional Care of Patients with HIV/AIDS *R Close, RD*

(Manual, 42 pgs) Appropriately and effectively implement NCP.

Share with a friend and Save! Additional Reporting Form: \$30.00

C304* **8 CPEUs** | \$89.95

Medical Nutrition Therapy for Gestational Diabetes Mellitus, 2nd Ed *DM Reader, RD, CDE, and MJ Franz, RD, CDE*

(Manual, 72 pgs) Improve maternal and fetal outcomes for clients with gestational complications.

Share with a friend and Save! Additional Reporting Form: \$30.00

C303 **24 CPEUs** | \$184.95

Food Fight: GMOs and the Future of the American Diet *M Jenkins*

(Book, 322 pgs & Study Guide) A balanced examination and much-needed guide to help clients make informed choices about what to eat.

Share with a friend and Save! Additional Reporting Form: \$50.00

C301 **11 CPEUs** | **REDUCED \$10.00** \$104.95 \$94.95

Diabetes Risks From Prescription and Nonprescription Drugs Mechanisms and Approaches to Risk Reduction *S Dagogo-Jack, MD*

(Book, 133 pgs & Study Guide) Discusses the impact of major drugs on glycemic control and on the risk of drug-induced diabetes.

Share with a friend and Save! Additional Reporting Form: \$30.00

C300 **14 CPEUs** | \$134.95

Intensive Diabetes Management, 6th Ed *H Wolpert, MD*

(Book, 161 pgs & Study Guide) Highly effective team approach to improve glycemic control and overall health.

Share with a friend and Save! Additional Reporting Form: \$30.00

*Available in hard copy **or** electronic (pdf).

C299 35 CPEUs | \$239.95

Managing Diabetes and Hyperglycemia in the Hospital Setting, A Clinician's Guide *B Draznin, MD*

(Book, 406 pgs & Study Guide) Strategies for best practices in inpatient diabetes management.

Share with a friend and Save! Additional Reporting Form: \$30.00

C298 20 CPEUs | \$159.95

Neonatal Nutrition, 2nd Ed *S Groh-Wargo, PhD, RD, et al*

(Pocket Guide, 263 pgs & Study Guide) Practical info on nutrition assessment; parenteral and enteral nutrition; medical/surgical conditions; discharge & follow-up; and conversion tables.

Share with a friend and Save! Additional Reporting Form: \$50.00

C297 14 CPEUs | **REDUCED \$15.00** \$129.95 \$114.95

Inspiring Behavior Change: A Food, Nutrition & Health Professional Counseling Guide, 2nd Ed *A Constance, RD*

(Book, 220 pgs & Study Guide) Implement stages of change & motivational interviewing, tele-counseling & technology to provide support.

Share with a friend and Save! Additional Reporting Form: \$30.00

C296 16 CPEUs | \$139.95

Mindfulness-Based Eating Solution *L Rossy, PhD*

(Book, 161 pgs & Study Guide) Teach clients the BASICS of mindful eating; change the focus from weight loss to healthy behaviors; identify cognitive distortions & craft helpful responses.

Share with a friend and Save! Additional Reporting Form: \$50.00

C295 20 CPEUs | **REDUCED \$20.00** \$139.95 \$119.95

The PCOS Diet Plan: A Natural Approach to Health for Women With Polycystic Ovary Syndrome, 2nd Ed *H Wright, RD*

(Book, 280 pgs & Study Guide) A wealth of practical information.

Share with a friend and Save! Additional Reporting Form: \$50.00

C294* 14 CPEUs | \$124.95

Nutrition and Cardiovascular Disease, 3rd Ed

KM Chapman-Novakofski, PhD, RD, and SM Gould, PhD, RD

(Manual, 135 pgs) Apply preventative and medical nutrition therapy for cardiovascular diseases.

Share with a friend and Save! Additional Reporting Form: \$30.00

C293 10 CPEUs | \$94.95

Lipid Disorders, Hypertension, Diabetes, and Weight Management, 2nd Ed *MJ Franz, RD, CDE, et al*

(Pocket Guide, 161 pgs & Study Guide) Integrate evidence-based nutrition practice guidelines into individualized nutrition care.

Share with a friend and Save! Additional Reporting Form: \$30.00

C292 20 CPEUs | \$159.95

Diabetes Management in Long-Term Settings: A Clinician's Guide to Optimal Care for the Elderly *LB Haas, PhC, CDE, and S Drozd Burke, PhD*

(Book, 265 pgs & Study Guide) Latest evidence and guidelines for geriatric diabetes.

Share with a friend and Save! Additional Reporting Form: \$50.00

C290 12 CPEUs | \$99.95

Approaches to Behavior: Changing the Dynamic Between Patients & Professionals in Diabetes Care & Education

J Roszler, RD, CDE, and WS Rapaport, PsyD

(Book, 165 pgs & Study Guide) Nurture interactions with patients to achieve individual treatment goals.

Share with a friend and Save! Additional Reporting Form: \$30.00

C289 20 CPEUs | \$149.95

Bariatric Surgery *S Cummings, RD, and KA Isom, RD*

(Pocket Guide, 275 pgs & Study Guide) Incorporates NCP before and after surgery, during weight stabilization, and in follow-up care.

Share with a friend and Save! Additional Reporting Form: \$50.00

C286 16 CPEUs | \$139.95

Helping Your Child With Extreme Picky Eating *K Rowell, MD, and J McGlothlin, MS, SLP*

(Book, 220 pgs & Study Guide) Strategies for dealing with low appetite, sensory- and autism spectrum-related feeding challenges, oral motor delays, anxiety, and more.

Share with a friend and Save! Additional Reporting Form: \$50.00

C285 18 CPEUs | \$144.95

Eat Like a Champion: Performance Nutrition for Your Young Athlete *J Castle, MS, RDN, CDN*

(Book, 246 pgs & Study Guide) Help young athletes (8-18) gain strength & muscle, overcome fatigue, & improve their performance.

Share with a friend and Save! Additional Reporting Form: \$50.00

C284 16 CPEUs | \$139.95

The Nutrition Care Process and Cancer

B Grant, MS, RDN, CSO, LD

(Pocket Guide, 170 pgs & Study Guide) Easy-to-use reference based on the Academy's Oncology Nutrition Evidence-Based Nutrition Practice Guidelines and other health organizations.

Share with a friend and Save! Additional Reporting Form: \$50.00

C279 Electronic (pdf only) 18 CPEUs | \$139.95

Interpretation & Application of Advanced Cardiometabolic Testing *M McNeill, MS, RDN/LD, CDE, MBA*

(Manual, 133 pgs) Up-to-date information on the management of cardiometabolic disease biomarkers.

Share with a friend and Save! Additional Reporting Form: \$50.00

C272 20 CPEUs | \$149.95

The Blue Zones Solution: Eating and Living Like the World's Healthiest People *D Buettner*

(Book, 319 pgs & Study Guide) Transform client's health using smart eating and lifestyle habits based on research of the world's longest-lived and healthiest people.

Share with a friend and Save! Additional Reporting Form: \$50.00

Order online 24/7 and SAVE at www.easyCPEcredits.com

NUTRITION AND CLINICAL PROGRAMS APPROVED BY CDR

C270 26 CPEUs | **REDUCED \$20.00** \$174.95 \$154.95

The Ultimate Guide to Sugars & Sweeteners: Discover the Taste, Use, Nutrition, Science, and Lore of Everything From Agave Nectar to Xylitol *A Barclay, PhD; P Sandall; and C Shwive-Slavin, MS, RD, CDE*

(Book, 279 pgs & Study Guide) More than 180 entries, including the familiar, the controversial, and the unfamiliar sweeteners.

Share with a friend and Save! Additional Reporting Form: \$50.00

C267 14 CPEUs | **REDUCED \$20.00** \$129.95 \$109.95

Chronic Kidney Disease and the Nutrition Care Process Pocket Guide *MP McCarthy, MPH, RD, CSR, LD, et al*

(Pocket Guide, 149 pgs & Study Guide) Evidence-based recommendations from the most authoritative sources on MNT for CKD.

Share with a friend and Save! Additional Reporting Form: \$50.00

C266 40 CPEUs | \$239.95

Becoming Vegan Comprehensive Edition: The Complete Reference to Plant-based Nutrition *B Davis, RD, and V Melina, MS, RD*

(Book, 611 pgs & Study Guide) Explains protein and amino acid requirements; describes fats and essential fatty acids; investigates carbohydrate facts and fallacies; reveals the truth about wheat, gluten, and grains; pinpoints where to obtain calcium, iron, zinc and other minerals; and how to achieve optimal nutrition during pregnancy and lactation.

Share with a friend and Save! Additional Reporting Form: \$50.00

C265 28 CPEUs | \$189.95

Your Blood Never Lies: How to Read a Blood Test for a Longer, Healthier Life *JB LaValle, RPh, CCN*

(Book, 351 pgs & Study Guide) Help patients understand the significance of each biological marker. Recommends the most effective standard and complementary treatments for dealing with any problematic lab tests.

Share with a friend and Save! Additional Reporting Form: \$50.00

C264 22 CPEUs | \$119.95

Missing Microbes: How the Overuse of Antibiotics Is Fueling Our Modern Plagues *M Blaser, MD*

(Book, 275 pgs & Study Guide) This ground-breaking CPE program explores how the human microbiome is under assault from an overreliance on medical advances, including antibiotics and caesarian sections, which threatens the symbiotic relationship of bacterial and human cells, and may lead to severe health consequences.

Share with a friend and Save! Additional Reporting Form \$50.00

C260 28 CPEUs | \$169.95

The Clinical Nutrition Manager's Handbook: Solutions for the Busy Professional *JA Grim, MPH, RD, LD, and SR Roberts, MS, RD, LD, CNSC*

(Book, 271 pgs & Study Guide) This handbook, written by a distinguished group of experienced clinical nutrition managers, surveys best practices and offers practical tips and tools to help clinical nutrition managers succeed.

Share with a friend and Save! Additional Reporting Form \$50.00

Order online 24/7 and SAVE at
www.easyCPEcredits.com

or call **(800) 828-9653** or **(410) 531-9280**
Mon–Thurs 10 AM to 4 PM ET

Self-study programs are approved/accepted by:

Commission on Dietetic Registration (CDR) for RDNs/RDs & NDTRs/DTRs

Certification Board for Diabetes Care and Education (CBDCE) for Certified Diabetes Care and Education Specialists (CDCES)

Check program description to see if approved for your association. If it is not listed, check with your association since many accept programs approved by CDR.

100% Money Back Guarantee

less shipping and handling charges, within 90 days of purchase. Excludes electronic programs.

Easy CPE Credits

The fast and easy way to get your Continuing Professional Education Units (CPEUs) or Credits:

1. Read the program.
2. Answer the questions provided.
3. Check your own answers (answer key and explanations to the answers are always provided).
4. Submit reporting form online

Share with a friend and Save!

It's easy to save! Buy a self-study program plus additional reporting forms for as little as \$30.00 each. Everyone will get full credits. No limit on how many you can share.

Subscribe for alerts about new programs and money-saving coupons at **www.easyCPEcredits.com**—you'll be glad you did!

CPE self-study programs must be completed within one year after purchase.

Special offers available online + FREE shipping*

* on orders over \$200, USA only

MANAGEMENT AND PROFESSIONAL DEVELOPMENT PROGRAMS APPROVED BY CDR

Go to www.easyCPEcredits.com for complete descriptions of programs and suggested Performance Indicators (PIs)

NEW EDITION

T361* 20 CPEUs | \$139.95

Win-Win Negotiation: Fail-Safe Strategies to Help You Get More of What You Want, 3rd Ed *W Rinke, PhD, RDN*

(Manual, 154 pgs) This CPE program shows you how to stretch your budget and get more for less! Whether you are shopping for food, a gift or a car, Wolf will show you how to pay less, and even help you get a pay raise. Plus he will share fail-safe negotiation secrets which will enable you to **make up to one million dollars more in compensation over a 50 year professional career**. This CPE program will pay for itself many times over.

Share with a friend and Save! Additional Reporting Form: \$60.00

T356* 5 CPEUs | \$44.95

Time Management: How to Stretch the Time Rubber Band, 5th Ed *W Rinke, PhD, RDN*

(Manual, 52 pgs) Make the most of every 24 hours by using an easy-to-use four-step process.

Share with a friend and Save! Additional Reporting Form: \$40.00

T351* 6 CPEUs | \$59.95

Manage Your Energy: Get More Done and Have More Fun, 2nd Ed *W Rinke, PhD, RDN*

(Manual, 56 pgs) Work less, get more done, and improve the quality of your life.

Share with a friend and Save! Additional Reporting Form: \$40.00

T350* 5 CPEUs | \$44.95

Goals: Your Roadmap to Success, 2nd Ed *W Rinke, PhD, RDN*

(Manual, 47 pgs) Step-by-step instructions to focus your life and achieve virtually anything you desire.

Share with a friend and Save! Additional Reporting Form: \$40.00

T349* 20 CPEU | \$139.95

The Power of Communication: How to Increase Your Personal and Professional Effectiveness, 3rd Ed *W Rinke, PhD, RDN*

(Manual, 176 pgs) Do you have few misunderstandings, disagreements or fights? Are you able to persuade people? Are you getting all you want? If you said "no," this program is for you.

Share with a friend and Save! Additional Reporting Form: \$60.00

T348* 28 CPEUs | \$179.95

Contrarian Leadership: 21 Strategies to Improve Your Leadership Effectiveness *W Rinke, PhD, RDN*

(Manual, 205 pgs) Distills a lifetime of consulting experience into 21 easy-to-digest lessons to help you become a more effective leader.

Share with a friend and Save! Additional Reporting Form: \$60.00

T343* 28 CPEUs | \$179.95

Beat the Blues: How to Manage Stress and Balance Your Life, 3rd Ed *W Rinke, PhD, RDN*

(Manual, 212 pgs) Action strategies to live a happier, healthier and more productive life. Per one reviewer, "the best Dr. Rinke has ever written."

Share with a friend and Save! Additional Reporting Form: \$60.00

C330* 20 CPEUs | **REDUCED \$20.00** \$159.95 \$139.95

Knock'em Alive Presentation Skills: How to Make an Effective Presentation for 1 or 1,000, 3rd Ed *W Rinke, PhD, RDN*

(Manual, 180 pgs) Deliver high impact virtual presentations plus learn how to become a professional speaker. Learn speaking secrets from a top earning Certified Speaking Professional (CSP) which will take your presentation effectiveness to the next level, faster!

Share with a friend and Save! Additional Reporting Form: \$60.00

C328* 12 CPEUs | \$99.95

High Impact Strategies for Achieving Peak Team Performance *W Rinke, PhD, RDN*

(Manual, 93 pages) This empowering CPE program will provide you with fail-safe strategies for building an organizational culture that is conducive to maximizing the potential of team members.

Share with a friend and Save! Additional Reporting Form: \$40.00

C327* 10 CPEUs | \$74.95

Develop a Positive Attitude: Live a Healthier and More Productive Life, 2nd Ed *W Rinke, PhD, RDN*

(Manual, 89 pgs) Fail-safe action strategies to build positive relationships with others, improve performance, get a raise, & decrease stress.

Share with a friend and Save! Additional Reporting Form: \$40.00

C314* 15 CPEUs | \$104.95

Delegation and Coaching: High Impact Strategies for Doing More With Less *W Rinke, PhD, RDN*

(Manual, 148 pages) Learn to give your power away without losing control, eliminate dysfunctional conflict, and deal more effectively with "difficult" people, plus much more.

Share with a friend and Save! Additional Reporting Form: \$40.00

C302 14 CPEUs | \$118.95

The Food Safety Book: What You Don't Know Could Kill You *J Kivett and Dr. M Tamplin*

(Book, 221 pgs & Study Guide) CDC estimates that 48 million Americans are affected by foodborne illness each year, 128,000 are hospitalized, and about 3,000 die. This CPE program answers just about every food safety, quality, and storage-related question and provides practical information.

Share with a friend and Save! Additional Reporting Form: \$30.00

Order online 24/7 and SAVE at www.easyCPEcredits.com

or call (800) 828-9653 or (410) 531-9280 Mon–Thurs 10 AM to 4 PM ET



Wolf Rinke Associates

A SECOND CENTURY MEDIA COMPANY

2023 | CPE PROGRAM BROCHURE

Go to www.easyCPEcredits.com for complete descriptions of programs and suggested Performance Indicators (PIs)

**FREE Ethics CPE
eProgram with
any purchase**

Special offers available
online + **FREE** shipping*

Order online **24/7** and **SAVE** at
www.easyCPEcredits.com

or call **(800) 828-9653** or **(410) 531-9280**
Mon–Thurs 10 AM to 4 PM ET

Wolf Rinke Associates

A SECOND CENTURY MEDIA COMPANY



Since 1990

Your One-Stop Source for
Pre-Approved Continuing
Professional Education for
RD/RDN, DTR/NDTR
and CDCES

Order from us ... we make your life easier!

*Orders shipped next business
day at no additional cost**

- Save time and money with electronic programs. Go to www.easyCPEcredits.com to learn more.
- Share with a friend & save! See page 6 for details.
- The fast and easy way to get your Continuing Professional Education. More on page 6.

* on orders over \$200, USA only



Easy to Earn • Easy to Learn • Inexpensive • FUN