



NUTRITION AND CLINICAL PROGRAMS APPROVED BY CDR

Go to www.easyCPEcredits.com for complete descriptions of programs and suggested Performance Indicators (PIs)

Programs in **yellow boxes** are accepted by **CBDCE** for Certified Diabetes Care and Education Specialist (CDCES)

NEW

T368 **16 CPEUs** | \$149.95

A Tiered Approach to Geriatric Nutrition
K. Chapman-Novakofski, PhD, RDN
(Manual, 116 pgs) Nutrition professionals must be aware of the special needs of older adults—the fastest-growing segment of our population. This CPE program examines and details the rationale for specific nutrient recommendations in both preventive health and therapeutic nutrition in the geriatric population.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW

T363 **16 CPEUs** | \$144.95

Life Without Diabetes: The Definitive Guide to Understanding and Reversing Type 2 Diabetes *R Taylor, MD*
(Book, 319 pgs & Study Guide) This evidence-based CPE program examines managing and reversing Type 2 Diabetes at any stage of health using a weight management approach.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW

T367 **55 CPEUs** | \$393.95

Oncology Nutrition for Clinical Practice, 2nd Ed *A. Voss, PhD, RDN, LDN, and V. Williams, MS, RD, CSO, LDN, CNSC, FAND*
(Book, 690 pgs & Study Guide) This CPE program is designed to help you increase your knowledge of the basics of cancer development, diagnosis and treatment, nutritional impacts of cancer, and medical nutrition therapy for patients with cancer.

Share with a friend and Save! Additional Reporting Form: \$125.00

NEW

T362 **28 CPEUs** | \$209.95

The Health Professional's Guide to Nutrition Management of Thyroid Disease *N Anziani, MS, RD, CDN, CDCES*
(Book, 245 pgs & Study Guide) Using the most current evidence-based guidelines and available research, this comprehensive CPE program addresses nutritional implications on thyroid health and disease management.

Share with a friend and Save! Additional Reporting Form: \$60.00

NEW

T366 **14 CPEUs** | \$134.95

Pediatric Nutrition for the School-Aged Child: An Evidence-Based Approach *A Thompson, MSH, RDN, CSP*
(Manual, 129 pgs) Provides practical information that will enable you to assess nutrient and fluid needs of the school-aged child, including children with developmental disabilities who may require enteral nutrition support.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW EDITION

T360 **32 CPEUs** | \$229.95

The Essential Pocket Guide for Clinical Nutrition, 3rd Ed *M Width, MS, RD, and T Reinhard, MS, RD, FAND*
(Manual, 154 pgs) This comprehensive CPE program provides ready access to the latest evidence-based information on nutritional assessment, nutrition support, and nutrition considerations for specific diseases such as cancer, cardiovascular disease, diabetes, and pulmonary disease.

Share with a friend and Save! Additional Reporting Form: \$60.00

NEW

T365 **15 CPEUs** | \$139.95

Fiber Fueled: The Plant-Based Gut Health Program for Losing Weight, Restoring Your Health, and Optimizing Your Microbiome *W Bulsiewicz, MD, MSCI*
(Book, 367 pgs & Study Guide) Challenges popular keto and paleo diets with a new plant-based approach demonstrating that gut health is the key to boosting clients' metabolism, balancing hormones, and taming inflammation.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW

T359 **16 CPEUs** | \$143.95

The Menopause Diet Plan: The Natural Guide to Managing Hormones, Health, and Happiness *H Wright, MEd, RDN and E Ward, MS, RDN*
(Book, 329 pgs & Study Guide) This CPE program balances evidence-based advice with real-life circumstances and personal experience, by combining the best of the world's healthiest diets with the latest nutrition research, so you can help your clients in the menopause transition.

Share with a friend and Save! Additional Reporting Form: \$50.00

NEW

T364 **20 CPEUs** | \$179.95

Nourish: The Definitive Plant-Based Nutrition Guide for Families *R Shah, MD, MPH, and B Davis, RD*
(Book, 431 pgs & Study Guide) An evidence-based, practical resource that explores the many benefits of a plant-based diet and provides you with the tools you need to help your clients feed their families for health and with joy.

Share with a friend and Save! Additional Reporting Form: \$60.00

NEW EDITION

T358 **44 CPEUs** | \$314.95

Advanced Sports Nutrition: Fine-Tune Your Food and Fluid Intake for Optimal Training and Performance, 3rd Ed *D Benardot, PhD, RD, FACSM*
(Book, 517 pgs & Study Guide) Enables you to help your clients stay healthy while exercising or competing at top levels so that they have longer athletic careers, consistently improve in their sport, and reduce the risks for chronic diseases. Great resource to help you pass your Board Certification as a Specialist in Sports Dietetics (CSSD).

Share with a friend and Save! Additional Reporting Form: \$75.00

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T357* **17 CPEUs** | \$152.95

Intermittent Fasting: Evidence-Based Approaches to Optimized Health and Disease Resistance

R Lafelice, MS, RD, LDN

(Manual, 111 pgs) Everything you need to know to provide expert advice to clients who wish to try intermittent fasting.

Share with a friend and Save! Additional Reporting Form: \$50.00

T355* **9 CPEUs** | \$89.95

Osteoporosis Prevention and Treatment, 4th Ed

KM Chapman-Novakofski, PhD, RD, LD

(Manual, 76 pgs) Completely revised & updated nutrition counseling strategies.

Share with a friend and Save! Additional Reporting Form: \$40.00

T354 **35 CPEUs** | \$249.95

Handbook of Nutraceuticals and Functional Foods, 3rd Ed

REC Wildman, PhD and RS Bruno, PhD

(Book, 336 pgs & Study Guide) Provides an authoritative summary of the prophylactic and/or medicinal benefits of natural foods and their constituents that are linked to favorable health outcomes.

Share with a friend and Save! Additional Reporting Form: \$60.00

T353* **20 CPEUs** | \$149.95

Facilitating Behavior Change with Evidence-Based Nutrition Education Strategies *A Sarcona, EdD, RDN, CSSD*

(Manual, 172 pgs) Ideal for diabetes educators and a must for anyone who works with the public.

Share with a friend and Save! Additional Reporting Form: \$60.00

T352* **15 CPEUs** | \$134.95

Nutrition for Pregnancy and Lactation, 6th Ed *C Bareuther, RD*

(Manual, 176 pgs) Formulate safe and effective nutrition intervention for weight reduction postpartum, for lactating and non-lactating women.

Share with a friend and Save! Additional Reporting Form: \$50.00

T347 **24 CPEUs** | \$199.95

Six Factors to Fit: Weight Loss that Works for You! *RF Kushner, MD and N Kushner, MSN, RN with D Jackson Blatner, RDN*

(Book, 313 pgs & Study Guide) Tailor the latest breakthroughs in behavior change to your client's personal factors to support their success in losing weight and keeping it off.

Share with a friend and Save! Additional Reporting Form: \$60.00

T346 **24 CPEUs** | \$199.95

Nancy Clark's Sports Nutrition Guidebook, 6th Ed

N Clark, MS, RD

(Book, 525 pgs & Study Guide) The latest research to design meal patterns that fit your client's training schedule; sustainability; and digestive issues.

Share with a friend and Save! Additional Reporting Form: \$60.00

T345* **3 CPEUs** | \$34.95

Combating Medical Errors: The Role of the Dietetics Practitioner, 2nd Ed *R Close Medlej, MS, RD, CNSC, LDN*

(Manual, 29 pgs) Meets the mandatory ethics requirement for CDR recertification and the Florida Licensure requirements.

Share with a friend and Save! Additional Reporting Form: \$40.00

T344 **26 CPEUs** | \$219.95

Successful Aging: A Neuroscientist Explores the Power and Potential of Our Lives *DJ Levitin, PhD*

(Book, 498 pgs & Study Guide) Using research from developmental neuroscience and psychology of individual differences, this program reveals resilience strategies and practical, cognitive enhancing practices that can be applied to increase ones' life-span and health-span.

Share with a friend and Save! Additional Reporting Form: \$60.00

T342 **20 CPEUs** | \$169.95

Sick Enough: A Guide to the Medical Complications of Eating Disorders *JL Gaudiani, MD, CEDS, FAED*

(Book, 258 pgs & Study Guide) Improve medical diagnosis and treatment, motivate recovery, and validate the experiences of individuals of all body shapes and sizes, while firmly rejecting a dieting culture.

Share with a friend and Save! Additional Reporting Form: \$60.00

C340* **10 CPEUs** | \$89.95

Type 2 Diabetes and Obesity, 4th Ed *K Chapman-Novakofski, RD, PhD*

(Manual, 94 pgs) Completely updated evidence-based strategies to prevent or treat type 2 diabetes and obesity.

Share with a friend and Save! Additional Reporting Form: \$40.00

C338 **18 CPEUs** | **REDUCED \$20.00** \$159.95 \$139.95

Gluten Free: The Definitive Resource Guide *S Case, RD*

(Book, 348 pgs & Study Guide) Comprehensive and practical CPE program provides accurate, evidence-based information for you to share with clients/patients to help them adhere to a gluten-free diet.

Share with a friend and Save! Additional Reporting Form: \$60.00

C337 **28 CPEUs** | \$239.95

Eat to Beat Disease: The New Science of How Your Body Can Heal Itself *WW Li, MD*

(Book, 468 pgs & Study Guide) *New York Times* bestseller explains the science of healing and prevention, strategies for using food to actively boost health, and points the study of well-being and disease recovery in an exhilarating new direction.

Share with a friend and Save! Additional Reporting Form: \$60.00

C336* **12 CPEUs** | \$104.95

Clinical Strategies to Combat Food Allergies and Intolerances

R Lafelice, MS, RD, LDN

(Manual, 106 pgs) Approximately 10% of U.S. adults have a food allergy, and nearly twice as many adults believe they have a food allergy. Of children, 8% have a food allergy, and 40% have multiple food allergies. Plus, food intolerance affects 15% to 20% of the population. This comprehensive CPE program will enable you to get up-to-date on this widespread and growing public health problem.

Share with a friend and Save! Additional Reporting Form: \$40.00

C335* **11 CPEUs** | \$99.95

Guide to Surgical Nutrition *A Colman, MS, RDN, LDN, CNSC, FAND*

(Manual, 86 pgs) Surgical patients represent a unique population requiring specialized nutrition assessment and intervention. Understanding the pathophysiology and basic surgical anatomy of various procedures is essential to determining and implementing appropriate MNT, which impacts patient outcomes, including morbidity and mortality.

Share with a friend and Save! Additional Reporting Form: \$40.00

C334 12 CPEUs | \$99.95

Diet for the Mind: The Latest Science on What to Eat to Prevent Alzheimer's and Cognitive Decline *MC Morris, ScD*

(Book, 274 pgs & Study Guide) Creator of the MIND diet provides a science-based guide to eating for a healthy brain, optimal cognitive function, and a reduced risk of Alzheimer's disease.

Share with a friend and Save! Additional Reporting Form: \$40.00

C333* 11 CPEUs | \$99.95

Anti-Glycation and "Age"-Reducing Therapies for Enhanced Nutrition Care *S Wagner, MS, RDN*

(Manual, 99 pgs) Get up-to-date evidence-based information, and discover why glycation prevention may be more influential than standard blood glucose management, and why dietary advanced glycation end products (AGEs) is one of the most underutilized strategies in the fight against chronic disease.

Share with a friend and Save! Additional Reporting Form: \$40.00

C332 16 CPEUs | \$169.95

Pocket Guide to Parenteral Nutrition, 2nd Ed *P Charney, PhD, RD*

(Pocket Guide, 203 pgs & Study Guide) An evidence-based CPE program for determining the need for parenteral nutrition (PN), ordering nutrient solutions, monitoring patient response to therapy, and coordinating care with patients, caregivers, and others on the healthcare team.

Share with a friend and Save! Additional Reporting Form: \$60.00

C331 14 CPEUs | \$144.95

Meeting the American Diabetes Association Standards of Care: An Algorithmic Approach to Clinical Care of the Diabetes Patient, 2nd Ed *MB Davidson, MD and SH Hsia, MD*

(Book, 165 pgs & Study Guide) Delineates treatment algorithms that have shown to be clinically effective in improving outcomes in people with diabetes.

Share with a friend and Save! Additional Reporting Form: \$50.00

C329 28 CPEUs | **REDUCED \$40.00** \$239.95 \$199.95

Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities, 3rd Ed

C Steele, MS, RD & E Collins, MHA, RD

(Book, 266 pgs & Study Guide) Comprehensive information on human milk and formula storage, handling, and preparation techniques based on the latest scientific research, public policy, and expert consensus.

Share with a friend and Save! Additional Reporting Form: \$60.00

C326 18 CPEUs | \$154.95

Making Nutrition Your Business, 2nd Ed *A Silver, MS, RDN, CDE, CDN & L Stollman, MA, RDN, CDE, CDN*

(Book, 267 pgs & Study Guide) A complete roadmap to starting and maintaining a profitable nutrition-based business.

Share with a friend and Save! Additional Reporting Form: \$60.00

C325* 14 CPEUs | \$114.95

Yoga and Meditation: Tools for Weight Management, 3rd Ed

A Kay, MS, RDN, LDN, RYT

(Manual, 130 pgs) Science-driven approach to weight management with complementary therapies of yoga & meditation.

Share with a friend and Save! Additional Reporting Form: \$40.00

C324* 20 CPEUs | \$184.95

Medical Nutrition Therapy for Diabetes Mellitus, 8th Ed

MJ Franz, MS, RD, LD, CDE and J MacLeod, MA, RDN, LDN, CDE

(Manual, 157 pgs.) Comprehensive manual written by the most renowned diabetes educators. Help impact medical and clinical outcomes and help patients achieve dramatic improvements in the quality of life.

Share with a friend and Save! Additional Reporting Form: \$60.00

C323* 14 CPEUs | \$114.95

Glycemic Index: Approaches for Weight, Diabetic, and Heart Healthy Management, 2nd Ed *J Clark-Warner, MS, RD, CDE*

(Manual, 111 pgs) Reviews GI concepts and explores approaches for weight, diabetic, and heart healthy management.

Share with a friend and Save! Additional Reporting Form: \$40.00

C322* 18 CPEUs | **REDUCED \$15.00** \$154.95 \$139.95

Geriatric Nutrition: Guidelines for Working with Older Adults, 5th Ed *K Chapman-Novakofski, RDN, LD, PhD*

(Manual, 127 pgs) Everything you need to know from nutrient requirements with changes in age to the prevention and treatment of chronic diseases.

Great resource to help you pass your Board Certification as a Specialist in Gerontological Nutrition (CSG).

Share with a friend and Save! Additional Reporting Form: \$60.00

FREE Ethics eProgram with any online purchase

C321 Electronic (pdf only) 2 CPEUs | \$0.00

An Introduction to the Code of Ethics for the Profession of Dietetics

Must be ordered online at www.easyCPEcredits.com

C320 15 CPEUs | \$134.95

Unsafe at Any Meal: What the FDA Does Not Want You to Know About the Foods You Eat *RJ Dufault*

(Book, 218 pgs & Study Guide) Americans consume numerous foods that contain dangerous compounds, including heavy metals, pesticides, and other harmful additives. Discover how you can protect patients/clients by reducing exposure to potentially toxic substances.

Share with a friend and Save! Additional Reporting Form: \$40.00

C319* 12 CPEUs | \$99.95

Nutritional Support in the Care of the Critically Ill Adult, 2nd Ed

KM Mogensen, MS, RD, LDN, CNSC and MK Robinson, MD, CNSP

(Manual, 105 pgs) Valuable information and tools to assist you in providing appropriate nutritional support for critically ill patients.

Share with a friend and Save! Additional Reporting Form: \$40.00

C318* 18 CPEUs | **REDUCED \$20.00** \$139.95 \$119.95

Nutrition and Growth During the Adolescent Years

A Thompson, MSH, RDN, CSP, LDN

(Manual, 140 pgs) Practical strategies to help adolescents fuel their body. Topics include sexual maturation, assessing the teen, fueling for sport, eating disorders, and risky behaviors.

Share with a friend and Save! Additional Reporting Form: \$60.00

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or Call (800) 828-9653 or (410) 531-9280 Mon–Thurs 10 AM to 4 PM ET**

C317 **24 CPEUs** | \$184.95

Why You Eat What You Eat: The Science Behind Our Relationship With Food *R Herz*

(Book, 352 pgs & Study Guide) Reveal how psychology, neurology, and physiology shape peoples' relationship with food, and how food alters the relationship with ourselves and each other.

Share with a friend and Save! Additional Reporting Form: \$40.00

C316* **6 CPEUs** | \$59.95

Ketogenic Diet Therapy for Epilepsy and Other Neurologic and Metabolic Based Conditions *B Zupeć-Kania, RDN, CD*

(Manual, 48 pgs) Will enable you to apply ketogenic diet therapies (KDTs) for patients with medication-resistant epilepsy and other neurologic and metabolic based conditions.

Share with a friend and Save! Additional Reporting Form: \$40.00

C315* **10 CPEUs** | \$104.95

Nutrition Focused Physical Exam *A Coltman, MS, RDN, LDN, CNSC*

(Manual, 83 pgs) Details the Nutrition Focused Physical Exam including assessment of somatic muscle, fat stores, fluid status, micronutrient deficiencies, and functional status. Also explains the Academy's malnutrition guidelines, and identifies the etiology and severity of malnutrition.

Share with a friend and Save! Additional Reporting Form: \$40.00

C313 **29 CPEUs** | \$229.95

Medical Management of Type 1 Diabetes, 7th Ed

CC Low Wang, MD, FACP and AC Shah, MD

(Book, 328 pgs & Study Guide) Create individualized, flexible treatment plans to optimize blood glucose control while accounting for diabetes complications, psychosocial factors, and the developmental state of each patient. Presents the latest guidelines and practical strategies to improve patient outcomes.

Share with a friend and Save! Additional Reporting Form: \$60.00

C312 **45 CPEUs** | \$299.95

Academy of Nutrition and Dietetics Complete Food & Nutrition Guide, 5th Ed *R Larson Duyff, MS, RDN, FAND*

(Book, 802 pgs & Study Guide) The "most trusted nutrition bible" effectively balances a practical focus with the latest scientific information. According to Lucille Beseler, 2016-17 president of the Academy of Nutrition and Dietetics, "This book serves as an indispensable nutrition and healthy eating guide for the public, as well as an important reference for registered dietitian nutritionists and other health care professionals."

Share with a friend and Save! Additional Reporting Form: \$75.00

C311* **12 CPEUs** | \$109.95

Nutrition for Infants & Young Children, 5th Ed *C Bareuther, RD*

(Manual, 129 pgs) Evaluate their growth and development; calculate their nutrient requirements; plan, recommend and implement feeding programs and assess nutritional status of infants and young children.

Share with a friend and Save! Additional Reporting Form: \$30.00

C310 **45 CPEUs** | \$349.95

Integrating Nutrition Into Practice *MJ Marian, DCN, RD & GE Mullin, MD*

(Book, 484 pgs & Study Guide) Integrative medicine approach for nutrition screening and assessment, functional foods, nutritional supplements, and food allergies.

Share with a friend and Save! Additional Reporting Form: \$50.00

C309 **16 CPEUs** | \$104.95

Skinny Liver *K Kirkpatrick, RD and I Hanouneh, MD*

(Book, 293 pgs & Study Guide) Proven program to prevent and reverse the new silent epidemic—nonalcoholic fatty liver disease (NAFLD).

Share with a friend and Save! Additional Reporting Form: \$50.00

C308 **45 CPEUs** | **REDUCED \$70.00** ~~\$349.95~~ \$279.95

Nutrition in Public Health, 4th Ed *S Edelstein, PhD, RD*

(Book, 487 pgs & Study Guide) Examine policies, assessment and intervention methods, special populations, food security, and program management.

Share with a friend and Save! Additional Reporting Form: \$50.00

C307* **8 CPEUs** | \$89.95

Irritable Bowel Syndrome: FODMAPs, Fat, Fiber and Flora,

2nd Ed *K Scarlata, RD*

(Manual, 75 pgs) Help clients manage IBS symptoms.

Share with a friend and Save! Additional Reporting Form: \$30.00

C306 **17 CPEUs** | \$134.95

Eating Disorders, 2nd Ed *J Setnick, RD*

(AND Pocket Guide, 222 pgs & Study Guide) This course lays out nutritional interventions for individuals experiencing dysfunctional eating behaviors.

Share with a friend and Save! Additional Reporting Form: \$30.00

C305* **5 CPEUs** | \$49.95

Nutritional Care of Patients with HIV/AIDS *R Close, RD*

(Manual, 42 pgs) Appropriately and effectively implement NCP.

Share with a friend and Save! Additional Reporting Form: \$30.00

C304* **8 CPEUs** | \$89.95

Medical Nutrition Therapy for Gestational Diabetes Mellitus,

2nd Ed *DM Reader, RD, CDE and MJ Franz, RD, CDE*

(Manual, 72 pgs) Improve maternal and fetal outcomes for clients with gestational complications.

Share with a friend and Save! Additional Reporting Form: \$30.00

C303 **24 CPEUs** | \$184.95

Food Fight: GMOs and the Future of the American Diet

M Jenkins

(Book, 322 pgs & Study Guide) A balanced examination and much-needed guide to help clients make informed choices about what to eat.

Share with a friend and Save! Additional Reporting Form: \$50.00

C301 **11 CPEUs** | **REDUCED \$10.00** ~~\$104.95~~ \$94.95

Diabetes Risks from Prescription and Nonprescription Drugs Mechanisms and Approaches to Risk Reduction

S Dagogo-Jack, MD

(Book, 133 pgs & Study Guide) Discusses the impact of major drugs on glycemic control and on the risk of drug-induced diabetes.

Share with a friend and Save! Additional Reporting Form: \$30.00

C300 **14 CPEUs** | \$134.95

Intensive Diabetes Management, 6th Ed *H Wolpert, MD*
(Book, 161 pgs & Study Guide) Highly effective team approach to improve glycemic control and overall health.

Share with a friend and Save! Additional Reporting Form: \$30.00

C299 **35 CPEUs** | \$239.95

Managing Diabetes and Hyperglycemia in the Hospital Setting, A Clinician's Guide *B Draznin, MD*
(Book, 406 pgs & Study Guide) Strategies for best practices in inpatient diabetes management.

Share with a friend and Save! Additional Reporting Form: \$30.00

C298 **20 CPEUs** | \$159.95

Neonatal Nutrition, 2nd Ed *S Groh-Wargo, PhD, RD, et al*
(AND Pocket Guide, 263 pgs & Study Guide) Practical info on nutrition assessment; parenteral and enteral nutrition; medical/surgical conditions; discharge & follow-up; and conversion tables.

Share with a friend and Save! Additional Reporting Form: \$50.00

C297 **14 CPEUs** | **REDUCED \$15.00** \$129.95 \$114.95

Inspiring Behavior Change: A Food, Nutrition & Health Professional Counseling Guide, 2nd Ed *A Constance, RD*
(Book, 220 pgs & Study Guide) Implement stages of change & motivational interviewing, tele-counseling & technology to provide support.

Share with a friend and Save! Additional Reporting Form: \$30.00

C296 **16 CPEUs** | \$139.95

Mindfulness-Based Eating Solution *L Rossy, PhD*
(Book, 161 pgs & Study Guide) Teach clients the BASICS of mindful eating; change the focus from weight loss to healthy behaviors; identify cognitive distortions & craft helpful responses.

Share with a friend and Save! Additional Reporting Form: \$50.00

C295 **20 CPEUs** | **REDUCED \$20.00** \$139.95 \$119.95

The PCOS Diet Plan: A Natural Approach to Health for Women with Polycystic Ovary Syndrome, 2nd Ed *H Wright, RD*
(Book, 280 pgs & Study Guide) A wealth of practical information.

Share with a friend and Save! Additional Reporting Form: \$50.00

C294* **14 CPEUs** | \$124.95

Nutrition and Cardiovascular Disease, 3rd Ed
KM Chapman-Novakofski, PhD, RD and SM Gould, PhD, RD
(Manual, 135 pgs) Apply preventative and medical nutrition therapy for cardiovascular diseases.

Share with a friend and Save! Additional Reporting Form: \$30.00

C293 **10 CPEUs** | \$94.95

Lipid Disorders, Hypertension, Diabetes, and Weight Management, 2nd Ed *MJ Franz, RD, CDE, et al*
(AND Pocket Guide, 161 pgs & Study Guide) Integrate evidence-based nutrition practice guidelines into individualized nutrition care.

Share with a friend and Save! Additional Reporting Form: \$30.00

C292 **20 CPEUs** | \$159.95

Diabetes Management in Long-Term Settings: A Clinician's Guide to Optimal Care for the Elderly *LB Haas, PhC, CDE and S Drozd Burke, PhD*

(Book, 265 pgs & Study Guide) Latest evidence and guidelines for geriatric diabetes.

Share with a friend and Save! Additional Reporting Form: \$50.00

C290 **12 CPEUs** | \$99.95

Approaches to Behavior: Changing the Dynamic Between Patients & Professionals in Diabetes Care & Education

J Roszler, RD, CDE & WS Rapaport, PsyD

(Book, 165 pgs & Study Guide) Nurture interactions with patients to achieve individual treatment goals.

Share with a friend and Save! Additional Reporting Form: \$30.00

C289 **20 CPEUs** | \$149.95

Bariatric Surgery *S Cummings, RD and KA Isom, RD*

(AND Pocket Guide, 275 pgs & Study Guide) Incorporates NCP before and after surgery, during weight stabilization, and in follow-up care.

Share with a friend and Save! Additional Reporting Form: \$50.00

C286 **16 CPEUs** | \$139.95

Helping Your Child with Extreme Picky Eating *K Rowell, MD and J McGlothlin, MS, SLP*

(Book, 220 pgs & Study Guide) Strategies for dealing with low appetite, sensory- and autism spectrum-related feeding challenges, oral motor delays, anxiety, and more.

Share with a friend and Save! Additional Reporting Form: \$50.00

C285 **18 CPEUs** | \$144.95

Eat Like a Champion: Performance Nutrition for Your Young Athlete *J Castle, MS, RDN, CDN*

(Book, 246 pgs & Study Guide) Help young athletes (8-18) gain strength & muscle, overcome fatigue, & improve their performance.

Share with a friend and Save! Additional Reporting Form: \$50.00

C284 **16 CPEUs** | \$139.95

The Nutrition Care Process and Cancer

B Grant, MS, RDN, CSO, LD

(AND Pocket Guide, 170 pgs & Study Guide) Easy-to-use reference based on the Academy's Oncology Nutrition Evidence-Based Nutrition Practice Guidelines and other health organizations.

Share with a friend and Save! Additional Reporting Form: \$50.00

C279 Electronic (pdf only) **18 CPEUs** | \$139.95

Interpretation & Application of Advanced Cardiometabolic Testing *M McNeill, MS, RDN/LD, CDE, MBA*

(Manual, 133 pgs) Up-to-date information on the management of cardiometabolic disease biomarkers.

Share with a friend and Save! Additional Reporting Form: \$50.00

C276 **26 CPEUs** | \$174.95

The Gut Balance Revolution: Boost Your Metabolism, Restore Your Inner Ecology, & Lose Weight For Good! *GE Mullin, MD*

(Book, 409 pgs & Study Guide) Science-based info to retain weight loss by achieving a balanced gut flora that burns fat and restores health.

Share with a friend and Save! Additional Reporting Form: \$50.00

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www.easyCPEcredits.com

C275 **40 CPEUs** | \$239.95

The Health Professional's Guide to Gastrointestinal Nutrition
LE Matarese, PhD, RDN, GE Mullin, MD, and JL Raymond, MS, RDN
(Book, 356 pgs & Study Guide) Comprehensive info on nutrition assessment; GI tract, liver and exocrine disorders; gastrointestinal surgery; oncology; eating disorders, obesity, food allergies, and nutrition therapies for GI problems. Helps you prepare for the CNSC exam.
Share with a friend and Save! Additional Reporting Form: \$50.00

C274 **16 CPEUs** | \$139.95

Healthy Vision: Prevent and Reverse Eye Disease through Better Nutrition *N Adams, MD*
(Book, 224 pgs & Study Guide) Help clients maintain vision well into old age, alleviate eye conditions, and reverse the progress of eye diseases.
Share with a friend and Save! Additional Reporting Form: \$50.00

C272 **20 CPEUs** | \$149.95

The Blue Zones Solution: Eating and Living Like the World's Healthiest People *D Buettner*
(Book, 319 pgs & Study Guide) Transform client's health using smart eating and lifestyle habits based on research of the world's longest-lived and healthiest people.
Share with a friend and Save! Additional Reporting Form: \$50.00

C270 **26 CPEUs** | **REDUCED \$20.00** \$174.95 \$154.95

The Ultimate Guide to Sugars & Sweeteners: Discover the Taste, Use, Nutrition, Science, and Lore of Everything from Agave Nectar to Xylitol *A Barclay, PhD, P Sandall, and C Shwive-Slavin, MS, RD, CDE*
(Book, 279 pgs & Study Guide) More than 180 entries, including the familiar, the controversial, and the unfamiliar sweeteners.
Share with a friend and Save! Additional Reporting Form: \$50.00

C267 **14 CPEUs** | **REDUCED \$20.00** \$129.95 \$109.95

Chronic Kidney Disease and the Nutrition Care Process Pocket Guide *MP McCarthy, MPH, RD, CSR, LD, et al*
(Pocket Guide, 149 pgs & Study Guide) Evidence-based recommendations from the most authoritative sources on MNT for CKD.
Share with a friend and Save! Additional Reporting Form: \$50.00

C266 **40 CPEUs** | \$239.95

Becoming Vegan Comprehensive Edition: The Complete Reference to Plant-based Nutrition *B Davis, RD and V Melina, MS, RD*
(Book, 611 pgs & Study Guide) Explains protein and amino acid requirements; describes fats and essential fatty acids; investigates carbohydrate facts and fallacies; reveals the truth about wheat, gluten, and grains; pinpoints where to obtain calcium, iron, zinc and other minerals; and how to achieve optimal nutrition during pregnancy and lactation.
Share with a friend and Save! Additional Reporting Form: \$50.00

C265 **28 CPEUs** | \$189.95

Your Blood Never Lies: How to Read a Blood Test for a Longer, Healthier Life *JB LaValle, RPh, CCN*
(Book, 351 pgs & Study Guide) Help patients understand the significance of each biological marker. Recommends the most effective standard and complementary treatments for dealing with any problematic lab tests.
Share with a friend and Save! Additional Reporting Form: \$50.00

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